

Cup Day weekend at Re-Creation Sorrento

One Gym-2 Locations!

Hotham Time table

Start Time	Saturday Open 8.30-12.00	Sunday Open 9.00-12.00	Monday Open 8.30-12.00	Tuesday Open 8.30-12.00
6.15am			Catalucci boxing	
8.30am	Catalucci boxing			
8.45am	Spin			
9.00am			Spin	Body Burn
9.30am	Pump	Pump	Pump	Cup spin <i>Wear your Fascinator</i>
10.00am				Fitball
10.30am	Mat Pilates	Yoga	Body Balance	
4.00pm	Yoga			

Salt opening hours

Saturday Open 9.00-3.00	Sunday Open 10.00-2.00	Monday Open 9.00-3.00	Tuesday Open 9.00-12.00
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